



Warmington School
Policy for Physical Education

Warmington School believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health.

A balance of individual, team, co-operative and competitive activities aims to cater for an individual pupil's needs and abilities. The scheme of work is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavour to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils.

The scheme aims to promote an understanding of the many benefits of exercise, through a balanced range of relevant activities. Physical Education is considered as a vehicle to facilitate access to cross-curricular themes, skills and dimensions, rather than a subject concerned exclusively with the acquisition of motor skills and techniques.

Warmington's Priorities for Physical Education

- Ensure that every pupil can swim at least 25 metres before the end of Key Stage 2.
- Plan learning in PE that builds on what pupils of all abilities already know, understand and can do, and identifies what pupils need to do next in order to improve.
- Articulate a clear vision for making PE good or outstanding and ensure that improvement plans are fully understood and supported by all staff.
- Set the highest expectations of staff and pupils, and model good practice.
- Provide schemes of work for all areas of activity that include clear guidance for colleagues on the step-by-step stages of teaching specific skills.
- Ensure all pupils have the opportunity to participate in wider activities.

Warmington's Aims to raise achievement of pupils

- To develop an ability to plan a range of movement sequences, organize equipment and apparatus, and begin to design and apply simple rules.
- To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement based activities.
- To promote positive attitudes towards health, hygiene and fitness.
- To increase levels of Physical Activity within the school and community setting.
- To foster an appreciation of safe practice.
- To develop psycho-motor skills through a range of relevant movement based activities.
- To develop a sense of fair play and sportsmanship.
- To develop communication skills, encouraging the use of correct terminology, to promote effective co-operation.
- To foster an enjoyment, and positive attitude to, the subject in school.
- To promote leadership and organization of pupils in sport through the use of Sports Crew, intra and inter school tournaments and 'Lead to learn' pupil participation across all year groups.
- Helping children to develop and improve personal challenges throughout the year
- To reinforce School Values such as equality, responsibility, honesty, courage and perseverance through participation in sport.
- To monitor pupil's enjoyment, participation and well being through observation and surveys.

Warmington Objectives to raise achievement of pupils



- Children will participate in a range of psycho-motor / movement activities in order to develop personal physical skills. (Practical attainment)
- Children will be made aware of their body in relation to others and their immediate environment and aim to promote quality of movement. (Kinaesthetic)
- Children will be made aware of simple physiological changes that occur to their bodies during exercise. (Physiology)
- Be given opportunities to develop imagination and co-operation to achieve shared goals. (Teamwork)
- Be given opportunities to develop personal characteristics like initiative, self-reliance and self-discipline (Self-knowledge)
- Be given opportunities to enjoy and succeed in the subject as well as be stimulated and challenged. (Problem solving)
- Be given the opportunity to develop areas of activity of their choice in extra-curricular time.
- Make full use of the facilities here to prepare a child mentally and physically for Key Stage 3 and beyond.
- To make links with Prince William School and other schools and organisations within the cluster and community to widen pupil opportunities, especially supporting SEN and gifted and talented.

Warmington aims to raise the quality of teaching

- To support all teachers in their abilities to deliver and plan Physical Education lessons that offer a range of movement sequences, appropriate equipment and apparatus, and successfully applies simple rules.
- To support teachers and support staff's awareness of how health and fitness can support whole school improvements.
- To foster an appreciation of safe practice.
- To develop lessons that not only test pupils physical abilities but also test pupils' cognitive and social skills through a range of relevant leadership and volunteering opportunities as part of the Physical Education lesson.
- To develop teachers communication skills, encouraging the use of correct terminology with the Physical Education environment.
- To foster an enjoyment, and positive attitude to, the subject in school.

Organisation of PE and School Sports

The curriculum in this subject has been organised to ensure that children in both key stages have access to all areas specified in the national curriculum and go beyond its statutory requirements. Using the real PE scheme of work. We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage.

Resources/ Facilities

The facilities for the teaching of physical education at Warmington are:

- One large hall
- One large field
- One large tarmacked play area
- Gym frames and ropes

As well as superb facilities in which to teach, the school also has a well-resourced PE store for both key stages, these include

- Mats



- Benches

- Games equipment relevant to the national PE curriculum
Equipment is checked regularly and stock replenished as often as budget allows through the use of Sports Premium funding.
Teachers have access to equipment and literature, via the coordinator, and can always rely on advice when needed.

Physical Education Training Opportunities

Using a percentage of our Sport Premium funding, we have bought into the Prince William Educational model. This will allow a part time member of staff PEO (Physical Education Officer) to support the school for approx. 130 hours across the academic year.

This member of staff will work closely with our PE Coordinator to develop high standards of delivery are offered by all teaching staff. The aim this year is to provide in school support for these teachers to further embed outstanding Physical Education in the School.

Our PE Coordinator and Physical Education officer will track the delivery plan termly and assess and change accordingly. We will look to work alongside teachers on their delivery of Physical Education with a 7 week training programme for teachers to up skill them in PE and help with the suitability of Physical education. The use of the curriculum aware PEO will help Warmington to maintain Physical Education as a core subject in the school.

Physical Education Planning

The Physical Education curriculum and scheme of work developed at the school covers all areas of activity outlined as statutory in the PE National Curriculum. Each year group covers certain aspects of the curriculum during the child's time at the school. The current scheme of work has been updated and lesson plans are available for all of the PE curriculum areas for each year group, if required.

Physical Education Planning

Here at Warmington we are delivering schemes of work that covers all areas of activity in the physical Education curriculum and are outlined as statutory in the PE National Curriculum.

Assessment / Monitoring

All pupils will be monitored and assessed termly by the P.E.O. (as relevant, alongside teaching and planning) against the objectives set out on the National Curriculum.

Inclusion

As is stated in the National Curriculum, children with special needs will be included in any physical education lesson. If a programme needs to be adapted then the teacher in charge will do this in consultation with the coordinator and SENCO (if applicable).

Health and Safety

Since this area now actually forms part of the National Curriculum it is important that we understand that the safety of children in lessons is of paramount importance.

Timings

All children from Year 1 to Year 6 will receive two hours of PE per week. This will include one outdoor session (weather permitting) as well as one session in the hall. In addition, all children from years 1-6 will have the opportunity to attend swimming lessons with a qualified swimming teacher once a week



during the summer term. The sports crew at Warmington will endeavour to promote more physical activity during lunch break times.

Teaching Methods

All lessons throughout the school are taught as class groups following mixed schemes of work. Using the sports premium money, the P.E.O. will deliver one session a week for each year group and the class teacher will deliver the second session. Lessons, may on occasion be delivered by a specialist sports coach who will also help to promote local tournaments and clubs.

How will Warmington meet these priorities?

- Celebrate success of all pupils to ensure that expectations are consistently high
- Increase teachers relationships with support staff/ external providers foster engagement and high levels of enjoyment for pupils and staff
- Ensure that Sainsbury's School Games values are celebrated and recognised termly through a celebration assembly and updated regularly on the PE noticeboard.
- Ensure that policies are in place to make sure no time is wasted in Physical Education and ensuring all lessons are purposeful and physically active
- Create a collaborative policy of planning to avoid duplication of activities across key stages and to ensure that lessons contained suitably challenging tasks for pupils of different ages and abilities
- Ensure that staff who have identified areas of weakness are upskilled through working with specialist Training.

Additional Sports Clubs

Our Change 4 Life club is being established through After School Club and active play with lunchtime supervisors and 'play buddies' and will aim to deliver high quality activities to encourage those children who are less active. This will:

- Provide children who are less active to attend an after school exercise club
- build self-esteem through physical activity as well as teamwork and perseverance

As a School we will encourage teachers and the children's parents to work together to identify and agree strategies to improve the child's mobility through increased levels of physical activity.

- A variety of sports clubs are provided by outside providers throughout the academic year.

*see charging and Remissions policy and Pupil Premium Policy.

Warmington's Physical Education Roles and Responsibilities

PE Coordinator –

The role of the PE Coordinator involves

- Producing a flexible scheme of work, with lesson ideas to support its implementation.
- Supporting colleagues in all aspects of the curriculum.
- Maintaining and replacing equipment.
- Ensuring areas for lessons are safe.
- Assisting with recording keeping and assessment of the subject.

- Monitoring the teaching of the subject at school.



The Unity of Titchmarsh and Warmington Schools



- Attending meetings and courses, which will inform future development of the subject and ensure other staff, are aware of courses themselves.
- Ensuring that pupils have the opportunity to become involved in extra –curricular clubs to further develop skills and talents.
- Ensure standards remain high in each year group through effective monitoring of the subject.
- Safeguarding.

Physical Education Officer (PEO) -

The role of the Physical Education Officer involves:

- Provide support and Training for all staff within the school as identified through the planning process.
- Provide after school clubs including Gifted and Talented.
- Support the writing and sustainability of the Physical Education Development Plan
- Provide priority support on all Physical Activity Programs
- Deliver training for the sports crew
- Provide on-going support for the sports crew
- Deliver and support Level 1 School Games Competition
- Provide support in the application of Kitemark
- Upskilling of school staff in P.E.
- Safeguarding

Associated documents:

Pupil Premium Policy
Sports Premium Report
Charging and Remissions